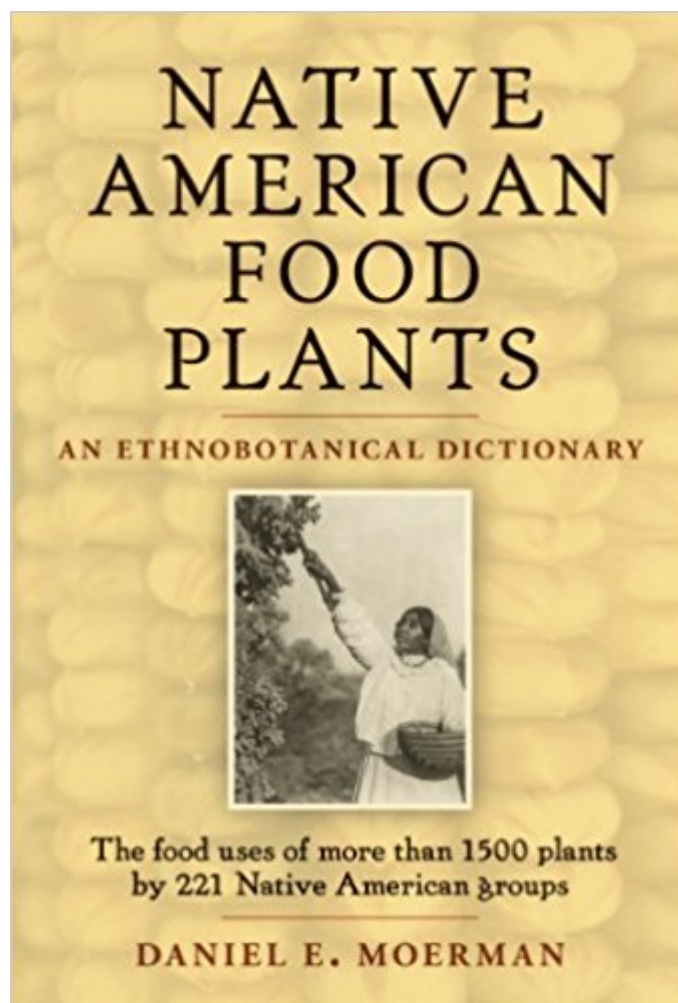


The book was found

# Native American Food Plants: An Ethnobotanical Dictionary



## Synopsis

Based on 25 years of research that combed every historical and anthropological record of Native American ways, this unprecedented culinary dictionary documents the food uses of 1500 plants by 220 Native American tribes from early times to the present. Like anthropologist Daniel E. Moerman's previous volume, *Native American Medicinal Plants*, this extensive compilation draws on the same research as his monumental *Native American Ethnobotany*, this time culling 32 categories of food uses from an extraordinary range of species. Hundreds of plants, both native and introduced, are described. The usage categories include beverages, breads, fruits, spices, desserts, snacks, dried foods, and condiments, as well as curdling agents, dietary aids, preservatives, and even foods specifically for emergencies. Each example of tribal use includes a brief description of how the food was prepared. In addition, multiple indexes are arranged by tribe, type of food, and common names to make it easy to pursue specific research. An essential reference for anthropologists, ethnobotanists, and food scientists, this will also make fascinating reading for anyone interested in the history of wild and cultivated local foods and the remarkable practical botanical knowledge of Native American forbears.

## Book Information

Hardcover: 456 pages

Publisher: Timber Press (October 27, 2010)

Language: English

ISBN-10: 1604691891

ISBN-13: 978-1604691894

Product Dimensions: 6.3 x 1.2 x 9.3 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 20 customer reviews

Best Sellers Rank: #425,229 in Books (See Top 100 in Books) #422 in Books > Reference > Encyclopedias & Subject Guides > History #672 in Books > Science & Math > Biological Sciences > Botany #885 in Books > Science & Math > Agricultural Sciences > Food Science

## Customer Reviews

"An extremely detailed, comprehensive, and authoritative listing." • "A vital sourcebook for cultural and botanical anthropologists." • "Will appeal [to] anthropologists, scholars of Native American history, and culinary history experts." • "American

Reference Books Annual – “Essential for Native American reference libraries and culinary collections alike!”  
•Bookwatch – “Useful as a reference for anthropologists, ethnobotanists, and food scientists.”  
•SciTech Book News

Daniel E. Moerman teaches anthropology at the University of Michigan-Dearborn. He is widely known as a leading expert in the field of ethnobotany. Dr. Moerman received the Annual Literature Award from the Council on Botanical and Horticultural Libraries and the Distinguished Economic Botanist Award from the Society for Economic Botany.

**Native American Food Plants: An Ethnobotanical Dictionary** This book lists around 1500 various plants of North America used by Native Americans for food. This useful dictionary of native plants used for food before Columbus landed, and is cross-referenced by the common and Latin names and which of the tribes who used them. This book even details which tribe and how the plant was used. As a historical and anthropological record of Native American ways, this documents the food used by over 1000 Native American tribes that existed at the time of Columbus to around 200 tribes still existing today. Categories in this will include the following such as beverage, bread, fruit, spices, dessert, snack, then it proceeds to dried foods, as well as plants used to curdle, also are dietary aids, even foods used to create preservatives, and then there are foods specifically for emergencies. Each entry will describe which tribe used each food and how it was prepared. Multiple indexes by tribe, food type, and common names so as to help research the specific food and use. Makes a great addition to your herbal or cultural library. This book will get a 5 star rating for being a great reference book.

When we bought our homestead I decided that everything we planted needed to either be edible or otherwise useful. This book is so much more comprehensive than any website in these matters, because the author has accumulated excellent details of use from so many Native American cultures. Who would know better how to use North American plants than our Native Americans? Highly recommended for those with a streak of Euell Gibbons in them, or for those who simply love natural and native folklore.

The book does what the title says, it covers IN DETAIL food plants the natives of the states used, it is not about medicinals, it is not about how to prep the food, it covers how to eat what plant, for what and when and it is cross referenced at least three times, a good buy

Strongly recommended for people who would like to know how plants were prepared, etc..

I like this book as an addition to the Native American Ethnobotany tome because it is easier to find specifics about food plants. then if I want to know more about a plants other uses, I can refer to Moerman's big book. thanks for condensing this info for easy access to the depth of information assembled on Native American Food plants.

Fantastic resource if you are interested in indigenous edible plants that have been forgotten. An excellent starting-point for more research.

I was hoping that this book would offer more lore and/or background on origin of the food plants, however, it simply lists in more of a useful, index type format. Not necessarily what I was looking for, but very thorough indeed.

I just purchased these to brush up on what my Father had taught my as a boy. we some times forget things with age and I wanted something I could pass down to my Grand Children.Thank you .com...

[Download to continue reading...](#)

Native American Food Plants: An Ethnobotanical Dictionary House Plants: A Guide to Keeping Plants in Your Home (House Plants Care, House Plants for Dummies, House Plants for Beginners, Keeping Plants in Your Home, DIY House Plants Book 1) Air Plants: A Beginners Guide To Understanding Air Plants, Growing Air Plants and Air Plant Care (Air Plants, Ornamental Plants, House Plants) Native America: A Concise Guide To Native American History - Native Americans, Indian American, Slavery & Colonization (Crazy Horse, Custer, Slavery, American Archaeology, Genocide, Aztec Book 1) Pollinators of Native Plants: Attract, Observe and Identify Pollinators and Beneficial Insects with Native Plants Food Truck Business: How To Start Your Own Food Truck While Growing & Succeeding As Your Own Boss (Food Truck, Food Truck Business, Passive Income, Food ... Truck Startup, Food Truck Business Plan,) House Plants: Volume III: 2 Book Boxset - Air Plants & Your First Cacti (Ornamental Plants, House Plants, Indoor Gardening 3) Foraging: A Beginners Guide To Foraging Wild Edible Plants (foraging, wild edible plants, foraging wild edible plants, foraging for beginners, foraging wild edible plants free,) The Midwestern Native Garden: Native Alternatives to Nonnative Flowers and Plants, an Illustrated Guide Native Plants,

Native Healing: Traditional Muskagee Way Go Native!: Gardening with Native Plants and Wildflowers in the Lower Midwest Whole Food: The 30 day Whole Food Ultimate Cookbook 100recipes (Whole Food Diet, Whole Food Cookbook, Whole Food Recipes, Clean Eating, Paleo, Ketogenic) Hip Hop Rhyming Dictionary: The Extensive Hip Hop & Rap Rhyming Dictionary for Rappers, Mcs, Poets, Slam Artist and lyricists: Hip Hop & Rap Rhyming Dictionary And General Rhyming Dictionary How Indians Use Wild Plants for Food, Medicine & Crafts (Native American) Native American Medicine: Discover the Natural Healing Secrets and Remedies for Your Mind, Body and Spirit (Native American Medicine, Natural Remedies, ... Treatment, Herbal, Naturopathy Book 1) The Native American Cookbook Recipes From Native American Tribes Maria Tallchief: Native American Ballerina (Native American Biographies (Heinemann)) Celebrate the Native American Flute: Learn to play the Native American flute! (EarthFlute) (Volume 1) Air Plants: Everything that you need to know about Air Plants in a single book (air plants, air plant care, terrarium, air plant book) A Broken Flute: The Native Experience in Books for Children (Contemporary Native American Communities)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)